



<b>Core Courses</b>	<b>Clock Hours Approved by NFHS</b>
Fundamentals of Coaching	12
Fundamentals of Coaching - Blended	12
First Aid, Health and Safety for Coaches	6
<b>Sport-Specific or Equivalent Courses</b>	
AACCA Spirit Safety Certification	5
Coaching Baseball	5
Coaching Basketball	5
Coaching Boys Lacrosse	5
Coaching Cheer and Dance	5
Coaching Field Hockey	5
Coaching Football	5
Coaching Girls Lacrosse	5
Coaching Golf	5
Coaching Soccer	5
Coaching Softball	5
Coaching Swimming	5
Coaching Track & Field	5
Coaching Volleyball	5
Coaching Wrestling	5
Teaching Sports Skills	5
<b>Elective Courses</b>	
Middle School Sports	3
Strength and Conditioning	3
Teaching and Modeling Behavior	3
<b>Free Courses</b>	
Coaching Pole Vault	3
Coaching Unified Sports®	3
Creating a Safe and Respectful Environment	3
Engaging Effectively with Parents	3
NCAA Eligibility	3
Sports Nutrition	3
Concussion in Sports	1
Heat Illness Prevention	1
Learning Pro: Homework Helper	1
Learning Pro: Reading and Learning Strategies	1
Learning Pro: Research Skills	1
Learning Pro: Testing Tips	1
Positive Sport Parenting	1
Sportsmanship	1