

## FIRST MALAYSIAN TEACHERS GRADUATE FROM UNITED STATES SPORTS ACADEMY PROGRAM



*One of the first Malaysian teachers to complete the United States Sports Academy's physical education training program receives her diploma from Malaysia Deputy Minister of Education Datin Mary Yap Kain Ching (center). Dr. T.J. Rosandich (left), the Academy's vice president and COO, and Dato' Dr. Ramlan Bin Abd. Aziz (right), National Sports Institute of Malaysia CEO, look on.*

The first 650 Malaysian teachers to complete the United States Sports Academy's International Diploma in Physical Education and Scholastic Sports (IDPESS) program received their diplomas in a convocation ceremony.

The program was held Saturday, Oct. 19 at Balai Bubaya Tun Syed Nasir Ismail in Dewan Bahasa Dan Pustaka, Kuala Lumpur, Malaysia.

The convocation ceremony also kicked off the second year of the program now called the International Diploma in Physical Education and Sport Coaching (IDPESC). It is slated to retrain another 1,000 Malaysian teachers in physical education and the sports field to help the country improve its youth sports, among other benefits.

Dr. Thomas P. Rosandich, the founder, president and CEO of the Academy who has worked with Malaysia over six decades, congratulated

the first ever graduates of the IDPESS program.

"I can only marvel at the changes that I have witnessed in Malaysia as the decades have passed," he said. "From those very early days to today,



I have always known that education is the key to success whether it is in the game of life or in a life of sports. May you all realize many years of success on the road ahead."

Dr. Thomas J. Rosandich, the Academy's vice president and COO,

pointed out that the training the teachers received will help Malaysia's youth both athletically and academically.

"I hope that all of you will go from here today and apply your new found skills within the schools where you work," he said. "If you succeed in doing so, you will help to create a better learning environment for all concerned and most importantly, for the betterment of the students under your supervision."

Muhyiddin Yassin, Malaysia's Deputy Prime Minister and Minister of Education, and the country's other leaders had the vision to build vigorous sports programs for Malaysian children. It led to the Academy developing a diploma program for the Southeast Asian country that is arguably one of the largest training programs in physical education and sports coaching ever undertaken.

*(continued on next page)*

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## UNITED STATES SPORTS ACADEMY

### "America's Sports University®"

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The United States Sports Academy is an independent, non-profit, accredited, special mission sports university created to serve the nation and the world with programs in instruction, research and service. The role of the Academy is to prepare men and women for careers in the profession of sports.

The United States Sports Academy is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award baccalaureate, master's and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of the United States Sports Academy.

*The United States Sports Academy accepts students*

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*(continued)*

Muhyiddin, who received a 2012 International Honorary Doctorate in January from the Academy at its campus in Daphne, Ala., helped oversee the implementation of "One Student – One Sport" in Malaysia's schools about four years ago to improve physical education and scholastic sports for the nation's children. He said he saw a need to provide more physical education and sports training to tens of thousands of the nation's physical education teachers and coaches, who oversee the students' development in sports.

It also is important to the development of a national system that allows youth to advance in sports, with the best eventually competing in the Olympics or in professional sports.

This led to the Malaysia Ministry of Education (MOE) approving the Academy's latest sports education program for Malaysia.

The Academy has delivered sport and physical education programs in more than 65 countries to more than a quarter million people. The institution, known as "America's Sports University," is the largest graduate school of sport education in the world.

Dr. Thomas P. Rosandich's ties to Malaysia date back to 1957 when he coached the first of his many national track and field teams there. Dr. Rosandich said that he recommended back then to Malaysia's first Prime Minister Tunku Abdul Rahman, the

father of the country, to establish a sophisticated interscholastic sport program.

The Academy's first sports education programs in Malaysia began in 1981. Over the years, the institution has taught its International Certification in Sports Management (ICSM) and Sports Coaching (ICSC) programs in the country.

In the program's inaugural year in 2012, the Academy trained nearly 1,000 Malaysian educators from June to December and more than 650 completed it successfully and attended the recent convocation. The Academy's 10-course diploma program is approved by the Malaysian Qualifications Authority (MQA), a national accrediting body.

This continuing education effort is but one part of Malaysia's strategy to enhance its physical education programs as Malaysia continues to look for ways to develop its next generation of elite athletes. The country of nearly 29 million people has had athletes win a total of six Olympic medals, which have come in badminton and diving. Other popular sports include soccer, field hockey, rugby, gymnastics, martial arts and cycling.

The Academy's programs are designed to help individuals develop a strong foundation of skills and knowledge required to succeed in coaching, physical education, management, fitness and other sport-related disciplines.



*The convocation included (left to right) Dr. T.J. Rosandich, Academy vice president and COO; Datuk Dr. Khair bin Mohamad Yusof, Deputy Director General, Teacher Professional Development, of the Malaysia Ministry of Education; Datin Mary Yap Kain Ching, Malaysia Deputy Minister of Education; Dato' Dr. Ramlan Bin Abd. Aziz (right), National Sports Institute of Malaysia CEO; and Kok Chi Sieh, Secretary General of the Olympic Council of Malaysia.*



# CONVOCATION PHOTO ALBUM

## MALAYSIA CLASS OF 2012



*Officials from the Ministry of Education and National Sports Institute of Malaysia gather with USSA-Malaysia managers at the graduation.*



*The convocation was a family affair.*



*The convocation was an opportunity for class reunions, as well.*



*Charles Temple, the 2013 IDPESC project director, leads a procession out of the hall.*

# MEET THE FACULTY



*More than 30 Academy faculty members are retraining about 1,000 Malaysian teachers in physical education this year. Pictured in the first row (left to right) are: Vernon Henry, Dr. Phillip Capps, Dr. Barbara Wise, Rachel Hollingsworth, Dr. T.J. Rosandich, Stephanie Ferreira, Melissa Burns, Dr. Sonya Wesley and Michael Sormrude. Pictured in the second row (left to right) are: Dr. Wirt Edwards, Dr. Brian Pruegger, Allen Jackson, Brandon Spradley, Dr. Tim DeVinney, Charles Temple, Matthew Whatley, Dr. Christopher Rampacek, Dr. Jeff McClung, William Price, and Robert Shane Nippe.*

**DR. LAWRENCE BESTMANN**, world-renowned for his contributions to gymnastics, has served as an Academy faculty member for several decades, teaching overseas in Indonesia, Malaysia, Bahrain and Saudi Arabia.

**MELISSA BURNS** has 10 years coaching experience and has volunteered for variety of national and international programs throughout the years. Burns works for CounterPoint Preschool in Colorado and is an international certified basketball official.

**DR. STEPHEN BUTLER** is the Dean of Academic Affairs at the Academy. Previously, he served as an administrator, faculty member, and curriculum developer in higher education at several institutions. Butler serves on the Board of Directors of the Big Sur International Marathon.

**DR. PHILLIP CAPPS** has served in various college campus student life, sports and recreational positions throughout his career. He works as the director of aquatic management for Swim Macon Pool Management in Georgia. For 12 years, Capps taught physical education courses at universities.

**DR. FRED CROMARTIE** earned his doctorate and master's degrees from the Academy and was named the school's 2002 Alumnus of the Year. He is the Academy's director of doctoral studies and has held several management positions during his 20 years there.

**DR. TIM DEVINNEY**, who earned his doctorate at the Academy in 2012,

has experience teaching internationally in South Korea and Thailand. He taught and served as assistant baseball coach at Lynn University.

**DR. WILLIAM WIRT EDWARDS** is Chair of the Department of Sports Exercise Science at the Academy. He has over 15 years of teaching experience at the college level. At Sam Houston State, he played on two NAIA national championship golf teams.

**STEPHANIE FERREIRA** has created various fitness and health exercise programs throughout the years. Ferreira is president and owner of MoxieFit in Houston, Texas, where she develops and manages corporate health and wellness programs.

**DR. TIM FOLEY** is the Dean of Student Services and a faculty member at the Academy. He has five years of collegiate teaching experience in business and physical education. Foley has three years of collegiate baseball coaching experience.

**DR. MICHAEL J. FREDERICK** served as an assistant professor of human performance for the past two years at Williams Woods University in Fulton, Mo. He has developed curricula and taught physical education at the college level for nearly 20 years. In addition, he has provided sport psychology services.

**VERNON R. HENRY** has more than 30 years of teaching and coaching experience and played for the NFL's San Diego Chargers. He has been program director at Flexercise, Inc., for 13 years. Since 2006, Henry has served as

a kinesiology professor at Cy-Fair College in Texas.

**RACHEL HOLLINGSWORTH**, a registered Yoga teacher, has taught yoga to students of all ages and experience levels professionally since 2007. Hollingsworth was the founding chair of the exercise and sports science division and a faculty member at the College of Micronesia-FSM in Pohnpei, Micronesia.

**ALLEN JACKSON** has 13 years of college-level and K-12 teaching experience. For the past eight years, Jackson has worked as an assistant professor at Chadron State College in Chadron, Neb.

**BRYAN JOHNSON** is the women's softball coach at Shoreline Community College. He has served as a softball coach at various colleges and programs for more than seven years.

**CHARLES W. KEELEY III**, a doctoral student at the Academy, teaches physical education at Paul Quinn College in Dallas, Texas. He also is the head men's basketball coach there. In addition to his teaching and coaching duties, he serves as a mentor, motivational speaker and youth coach.

**AMBER MAGNER** is a doctoral teaching assistant at the Academy. Magner, a standout college basketball player, coached women's basketball for 10 years, including seven years as the head coach at California State University, Monterey.

**DR. JEFF MCCLUNG** is a Berea College associate professor of physical education. During his 35-year career



he has developed expertise in the areas of physiology, biomechanics, wellness, and sport pedagogy. He has taught and coached sports from the elementary to college level.

**ELIZABETH MUNN** has 11 years teaching, coaching and strength and conditioning experience at the college and high school levels. She works at a Winnetka, Ill., high school where she helped integrate the use of technology in the P.E. curriculum. She played softball at Indiana University.

**ROBERT SHANE NIPPE** has served as a visiting instructor in the School of Human Performance at the University of Southern Mississippi since 2003. Nippe has taught courses in elementary and secondary physical education, instructional techniques in team sports, and concepts of health.

**DR. ARTHUR OGDEN** has more than 45 years of experience in education as a vice president of academic affairs, a head football coach at the high school, junior college, and collegiate levels, an athletic director at the high school and collegiate levels, a dean of liberal arts, a graduate dean and a college president.

**WILLIAM J. PRICE** is earning his doctorate at the Academy. He has served as an executive director and head coach for an Illinois swim club for 15 years, and worked as a swim coach in Sabah.

**DR. BRIAN PRUEGGER** has 12 years of experience teaching at the col-

lege level, including eight years teaching sports management at Flagler College in Florida, where he developed the first-ever online course. He has an extensive background in kinesiology, physical education and fitness.

**DR. CHRISTOPHER RAMPACEK** is an adjunct professor at San Jacinto College in Houston, Texas, where he has taught physical education since 2006. In addition, he works as a personal trainer in health promotion, wellness, nutrition, weight control and physical activity.

**DR. T.J. ROSANDICH** serves as Vice President and Chief Operating Officer for the Academy, where he earned both his master's and doctoral degrees. In addition to having oversight responsibility for the Academy's administrative and financial functions, he also chairs the Institutional Effectiveness Committee and is responsible for international programs.

**MICHAEL SORMRUDE** has served in a variety of coaching and physical education teaching positions throughout his career. Sormrude is a faculty member at Phillips Academy Andover in Massachusetts and physical education/health teacher for the Guilford Public School District in Connecticut.

**BRANDON SPRADLEY** is a doctoral teaching assistant at the Academy. The former University of Alabama track and field sprinter earned his master's with honors in exercise science from Al-

abama in December 2010 and graduated cum laude with a bachelor's in Kinesiology in December 2009.

**CHARLES TEMPLE** was director of athletics at Lexington Christian Academy in Lexington, Ky., and district athletic director/fitness and wellness teacher at Jessamine County Schools in Nicholasville, Ky. Temple served as director of athletic facilities, head men's soccer coach, and physical education professor at Asbury College.

**DR. SONYA WESLEY**, who earned her doctorate in 2004 at the Academy, founded and runs her own non-profit organization, Sport Series. Wesley's company helps student-athletes learn math and science through sport activity. Her experience includes working with the NBA to help professional athletes attain their education goals.

**MATTHEW S. WHATLEY** has served as a soccer coach and taught physical education for a variety of organizations during the past 20 years. Since 2006, Whatley has been program director and head soccer coach at Camp Starlight in Pennsylvania.

**DR. BARBARA WISE** serves as an instructor for all Prehospital programs for Pima Community College in Tucson, Ariz. She has both taught and worked in the emergency medical field for nearly 25 years, including working 14 years as a paramedic.

## INTRODUCING THE NEW USSA-MALAYASIA OFFICE IN KUALA LUMPUR



*The USSA-Malaysia management and staff at the grand opening of the office in October in Kuala Lumpur, Malaysia.*



# LEARNING NEW SKILLS THROUGH LECTURES, GROUP EXERCISES AND ACTIVITIES



*The first teacher in Kota Kinabalu registers for the 2013 IDPESC program.*



*Dr. Phillip Capps works with students on a small group presentation.*



*Students in Kuching learn about fitness testing.*



*Teachers learn football skills to teach their youth.*



*Classes include student presentations like this one.*



*USSA-Malaysia instructors and staff delivered the 2013 program to nearly 1,000 students.*

# INTERNATIONAL DIPLOMA IN PHYSICAL EDUCATION AND SPORT COACHING

The International Diploma in Physical Education and Sport Coaching (IDPESC) program in Malaysia addresses the aspects of teaching physical education and sport and provides students more knowledge about fitness and conditioning, coaching methods, and testing and measurement. The focus of the program is on teaching both fundamental movement skills, as well as beginning sport skills. Physical education teachers who go through IDPESC will be prepared to teach their students how to engage in life-long, healthy behavior.

## Course Descriptions:

### **CEE 520 • Sports First-Aid**

Guide to becoming the “first responder” to prevent and manage sports injuries for the safety and protection of the athlete.

### **CEE 521 • Principles of Fitness and Health**

Studies the physiological aspects of physical activity and its importance to the quality of life, performance, and prevention of diseases.

### **CEE 524 • Games Approach to Teaching Physical Education and Sports**

Emphasizes an innovative approach to sport education and the power of play in creating challenging learning situations.

### **CEE 525 • Physical Fitness and Conditioning**

Teaches the fundamental principles of training and nutrition and increases students’ understanding of the performance of the human body.

### **CEE 526 • Physical Fitness Testing, Evaluation and Reporting**

Focuses on the measurement techniques used to test physical performance and perform and interpret International Physical Performance Test results.

### **CEE 568 • Psychology of Physical Performance**




Involves the study of human psychological behavior and its influence in sport and exercise settings, including physical education environments.

### **CEE 571 • Physical Education and Sports Coaching Methodology**

Helps students understand concepts of physical education and athletic coaching, such as first aid, communication, skill development and leadership.

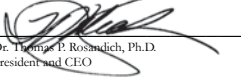
### **CEE 583 • Physical Education Facilities and Sports Event Management**

Addresses the principles, guidelines, and recommendations for planning, constructing, using and maintaining athletic facilities.



**UNITED STATES SPORTS ACADEMY**  
*in cooperation with the*  
**MINISTRY OF EDUCATION**  
*and the*  
**NATIONAL SPORTS INSTITUTE**  
*confers this*  
**INTERNATIONAL DIPLOMA  
IN  
PHYSICAL EDUCATION AND SPORT COACHING**  
*to*  
**STUDENT'S NAME**  
  
GIVEN IN KUALA LUMPUR, MALAYSIA ON **DATE**.

YBhg Dato' Haji Mohd Ghazali bin Ab. Rahman  
Bahagian Pendidikan Guru  
Ministry of Education

  
Dr. Thomas P. Rosandich, Ph.D.  
President and CEO  
United States Sports Academy

*The goal with all enrolled in the IDPESC program is the certificate attesting to their successful mastery of the skills taught through this comprehensive program.*

### **CEE 586 • Arts In Education**

Introduces basic knowledge and skills in creative activities that expose students to music, movement and visual arts that help in the teaching and learning of courses.

### **CEE 588 • Ethnic Relations**

Emphasizes ethnic relations in Malaysia by teaching basic concepts of culture, religion and the role of government with special attention to their development in Malaysia.





KH Sports World

# United States Sports Academy

in cooperation with

## KH Sports World



America's Sports University®

The United States Sports Academy is proud and pleased to partner with KH Sports World to deliver and to administer the International Diploma in Physical Education and Sport Coaching (IDPESC) program in Malaysia. This collaborative effort is being done to enhance teachers' skills in Physical Education and Sport Coaching in the furtherance of Malaysia's "One Student-One Sport" initiative.

In its 40-year history, the Academy has delivered sport and physical education programs in more than 65 countries around the world. These programs are designed to help individuals develop a strong foundation of skills and the knowledge required to succeed in sport-related careers. The

Academy's first sport education programs were provided in Malaysia almost 30 years ago and have been done regularly ever since.

The Academy is an independent, non-profit, accredited, special mission sports university created to serve the nation and the world with programs in instruction, research and service. The college's role along with KH Sports World is to prepare men and women for careers in the profession of sports. **More than 70% of the Academy's graduates are employed in the sports industry.**

Courses are delivered 100% online. Curriculum and degree offerings include the **Bachelor of Sport Science (B.S.S.)** in four disciplines, **Master of Sport Science (M.S.S.)** in four

disciplines, and **Doctor of Education (Ed.D.) in Sport Management**.

The Academy also offers a wide range of certification and continuing education programs, and even free courses, for example, in sports coaching. The Academy also provides continuing education credit to many national governing bodies, sport organizations and associations.

In addition, the Academy has two **FREE** online publications, *The Sport Journal* and *The Sport Digest*. *The Sport Journal* is the world's largest peer-reviewed online journal of sport with about 1 million readers annually. *The Sport Digest* tackles the hottest contemporary issues in sports.

### Learn More About the Academy Online:

- **Bachelor of Sport Science:** [ussa.edu/go/bachelors](http://ussa.edu/go/bachelors)
- **Master of Sport Science:** [ussa.edu/go/masters](http://ussa.edu/go/masters)
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*The Academy accepts students, regardless of race, religion, gender, age, disability or national origin.*